### LIFE & STYLE GESUNDHEIT



## Health Care and Pain Management – something no one should overlook...

Professor **Michael Zimpfer**, MD, MBA, head of the Vienna Medical Center, "Zentrum für Medizin und Gesundheit", firmly believes in the old adage, 'prevention is better than cure.

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e offers regular medical check ups, covering a full spectrum of laboratory tests (blood and urine), radiological scans, gastro intestinal and cardiological (ultrasound, ECG, treadmill) examinations. These can be arranged to be most time efficient for those who require or are seeking a medical check-up. It is simply a matter of contacting the Vienna Medical Center's multilingual team to arrange appointments to fit your personal schedule. You will also be provided with a precise cost estimate and any insurance issues will be discussed.

Where there are indications for further diagnostic examination or if there are symptoms or a clinical outbreak, he and his team will work to ensure the most effective treatment is explained and offered to you.

Located conveniently, within walking distance, to the AKH (Vienna General Hospital), the Private Clinic, Confraternitaet, Goldenes Kreuz and the St. Anna paediatric hospitals, the Vienna Medical Center is able to conduct its own diagnostic examinations and, on a consultant basis, to provide diagnostic studies externally as well as inpatient-services.

This allows the Vienna Medical Center to host specialists for cardiology, internal medicine, neurology, surgery, neurosurgery, oncology, radiology, urology and others. External co-operation includes the fields of laboratory medicine, nuclear medicine, ENT, obstetrics / gynecology, ophthalmology, paediatrics and radio-oncology.

To ensure that patients have access to the best possible treatment that may not be available in Austria, the Vienna Medical Center has established a national and international network. This enables the team to utilise qualified second opinion referrals and to provide effective treatments such as cyberknife and proton therapy, which are among the latest developments in radio oncology (cancer treatments) and highly effective where appropriate. As the head of the medical center, Dr. Michael Zimpfer, MD, MBA, serves as



a full professor at the Vienna General Hospital, and has guided the career paths of many young physicians who have gone on to serve in positions in academia, clinical medicine and the pharmaceutical industry, in Austria, Europe and the U.S.

He himself started his career in pharmacology, was awarded a scholarship for cardiology at Harvard Medical School, returning to Austria to complete his thesis in anesthesiology and critical care and is an alumnus of the Chicago Graduate School of Business. He has a lifetime interest in the various interactions between medical disciplines and approaches his patients in a holistic and integrated manner.

One of his particular interests is pain management, providing the most developed non invasive and image-guided, minimal invasive pain treatments. No one should overlook their general health nor put up with chronic pain. The Vienna Medical Center offers an accommodating service that can be tailor made to fit your schedule and ensures fast and effective medical care.

Sometimes, legal issues arise with regards to medical coverage from abroad and in this case Setfords Solicitors, London, serves as one of the partners.

If you are unsure of how to proceed or have any specific queries, do not hesitate to contact the Vienna Medical Center, Zentrum für Medizin und Gesundheit.

# FOTOS: SANDRA HERCZEG

Modern Reception Area



#### **Treatment Room of the Vienna Medical Center**



### CURRICULUM VITAE

Michael Zimpfer, MD, is full professor at the Vienna General Hospital, Medical University of Vienna, and holds a master of business administration (MBA), University of Chicago. Previous assignments include Harvard Medical School (Cardiology Department, Peter Bent Brigham Hospital, Boston), Duke Medical Center for Outcomes Research, North Carolina. He is also a member of the Society of Friends of the Weizmann Institute of Science and served as a visiting professor at the King Faisal Specialist Hospital in Riyadh, Saudi Arabia.

### INFO

Vienna Medical Center provides straightforward access to state-of-the-art diagnostics and leadingedge medicine for all disciplines including modern, conservative and minimalinvasive pain treatment. For further information and professional certification details relating to post-doctoral medical and non-medical training:

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